



31ST ANNUAL WILLIAMSON APPLE BLOSSOM ROAD RACES 5K AND 10K



WHEN? Friday — May 14, 2009 — 6:45 P.M. start for both 5K/10K

WHERE? Williamson Middle School, Maple Street (see map on back)
Sponsored by the Williamson Cross Country Boosters

WHAT? 5K and 10K road races on fast, flat, loopy out-and-back course,
passing by the blossoming orchards of Williamson countryside

HOW MUCH? \$15 — pre-registration \$20 — day of race
\$10 — for students (18 & under) both pre- and day of
Race Shirts to first 200 entries

AGE GROUPS: MALE: under 18, 19-29, 30-39, 40-49, 50-59, 60-69, 70+
FEMALE: under 18, 19-29, 30-39, 40-49, 50-59, 60+

AWARDS: 1st overall male & female — apple tree and original artwork
1st local male & female — apple tree and original artwork

FEATURING artwork by Carol May
1st, 2nd, and 3rd place in each age group, no duplication.
FINISHER MEDAL TO EVERY RUNNER!



**ENJOY OUR
APPLE BLOSSOM
FESTIVAL!**

The race is a long-standing tradition of Williamson's annual festival, May 14—17th. Join us uptown for music, crafts, carnival rides, great foods, and entertainment!

Race refreshments: juice, hot dogs, baked goods. All pre-registered runners eligible for gift certificates.

QUESTIONS???? Call Dan Sackett (315-589-8533) or Diane Luke (315-589-5137)
email Dan at dansac5@aol.com or go online at
<http://www.williamsonappleblossom.com/forms.html>

NAME _____ MALE __ FEMALE __ AGE _____

STREET _____ PLEASE CHECK: 5K _____ 10K _____

TOWN, STATE, ZIP _____ SHIRT SIZE: S M L XL

PHONE _____ EMAIL (FOR NEXT YEAR'S ENTRY FORM) _____

WAIVER: I UNDERSTAND THAT RUNNING A ROAD RACE IS A POTENTIALLY HAZARDOUS ACTIVITY AND I ASSUME ALL RISKS ASSOCIATED WITH RUNNING OR WALKING THIS EVENT. I HAVE READ THE ENTRY INFORMATION AND RELEASE THE WILLIAMSON CROSS-COUNTRY BOOSTERS AND ALL OTHERS CONNECTED WITH THIS ROAD RACE FROM ALL CLAIMS OR LIABILITIES OF ANY KIND ARISING FROM MY PARTICIPATION IN THIS EVENT.

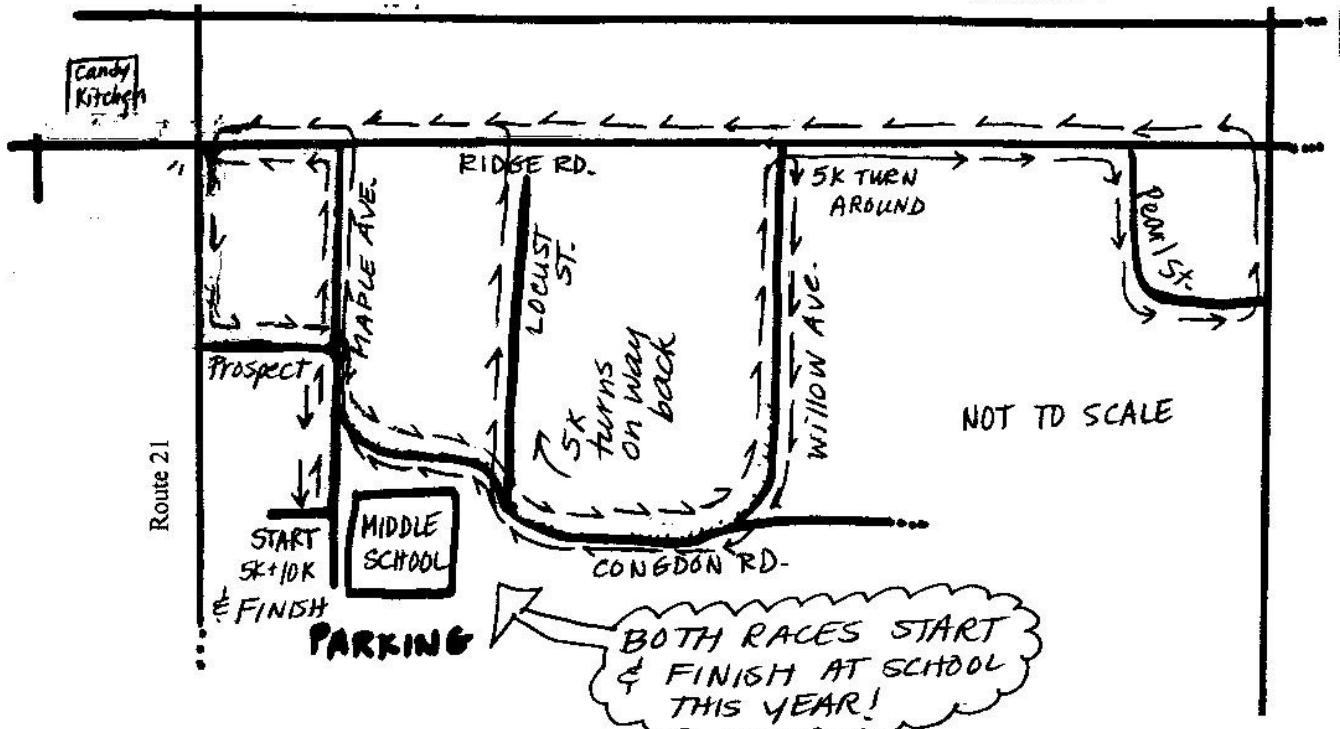
SIGNATURE: _____ PARENT (IF UNDER 18) _____

SEND REGISTRATION AND \$15 CHECK PAYABLE TO **WILLIAMSON X-C BOOSTERS** TO:

5588 VAN CRUYNINGHAM., WILLIAMSON, NY 14589

Williamson Apple Blossom Course map.....for 5K & 10K

Route 104



Race proceeds
benefit the **Williamson Cross Country**
Boosters, seeking to put all youth runners on equal
ground by donating spikes, sweatshirts, & other running gear.
We thank our sponsors for gift certificates and financial support:

- Gus's Family Restaurant, Pitts Ford, Dr. Herbert DDS,
Mason Farm and Farm Market, C&D Auto, Young's
Funeral Home, Nothnagle Realtor, Williamson Building Supply,
King's Auto, American Legion, Apple Country Chiropractic PC,
Dr. Albright DDS, Key Bank, Dixon Realty, Brooks Technologies,
Cornerstone Realty, Knataitis Construction, Williamson Animal Hospital,
The Original Candy Kitchen, Williamson IGA, Williamson Hardware, TOPS
Friendly Markets, Teazer's, Cole's Income Tax, Wafler's Nursery, Image Junction
Sun/Record, Photographic Services, Spark of Divinity congregation, Market
Place, Cam's NY Pizzeria, Meddy's Musings, Para-Deys Maple, Bad to
the Bone BBQ, Sandman's Sandblasting, Mott's, Orbaker Fruit Farm,
Lagoner's Farm Market, Orbaker's Drive-In Restaurant, Gallo's
Department Store, The Apple Crate.

Support our sponsors!